

COURAGE LAUNCHES ME ABOVE MY FEARS

SOULSCRIPT VOICES PDF + AUDIO
BY DIVA STYLE MINISTRY, LLC

You can change your mind, your heart, your thoughts and your emotions using powerful and positive affirmations.

This affirmation + audio product will help you focus on breathing deeply to dissolve tension, and inhaling the power to face your challenges head-on and conquer them.

AFFIRMATION

Fear is a natural and healthy feeling necessary to survive. Instead of buckling in the face of fear, I use it to stir my courage. Fear makes it possible for me to experience a degree of bravery stored inside of me.

Courage is the presence of action in the midst of fear. My courage takes me above my fears and into a place where dreams come true. Because of courage, my heart is exploding with daring hope.

I revoke the power of fear in my life, which tries to control my actions. With faith lighting the way, I take risks beyond anything I have done before. I shake off timidity due to a lack of confidence and replace it with valor.

I have the audacity to dream outside of the limits set on myself from childhood. I refuse to believe negative words spoken about me as a child. I choose to believe my Creator has a greater purpose for my life.

I seek to know my purpose with a heart willing to do what it takes to see my destiny fulfilled.

By clothing myself in comforting peace, I stand up to the fears that have immobilized me in the past. When I feel afraid, I pray, placing my trust in a higher power.

I come to terms with rejection and failure because sometimes they are the result of taking a risk. I accept that rejection and failure **could be** my greatest teachers. By looking at every outcome in a positive way, I learn and become more experienced.

Today, I choose to stand up to fear and allow courage to drive my actions. I launch myself into action, reaching far above the threshold of fear.

**"TODAY, I CHOOSE TO STAND UP TO FEAR AND LET
COURAGE DRIVE MY ACTIONS.**

**I LAUNCH INTO ACTION, REACHING FAR ABOVE THE
THRESHOLD OF FEAR."**

REFLECTIVE JOURNALING PROMPTS

As you continue your personal development journey with SoulScript Voices, we encourage you to deepen your exploration through reflective journaling. The prompts provided are designed to help you be introspective and uncover insights that can propel you toward personal growth and greater self-awareness.

Review each prompt and let your pen flow freely as you express your thoughts. This process is not just about answering questions—it's about discovering new layers of yourself and envisioning the path ahead. Start here, and let your reflections guide you to a more empowered and authentic self.

1. **Reflect on the lessons you've learned from past failures.** How have these experiences shaped your approach to challenges and fear?
2. **Identify a situation in your life today where you need courage.** What specific action can you take to demonstrate courage in this situation?
3. **Explore the reasons why it's important to act despite feeling fearful.** How does taking action in the face of fear contribute to your personal growth and resilience?